



Moving Again?

Moving every few years is a normal part of military life, whether in response to a new duty assignment or to accommodate a family's needs during a deployment. Most military children will have six to nine different homes from kindergarten to 12th grade. For children, moving means facing the challenges of making new friends, adjusting to new installations and cities, and changing schools. Visit Military OneSource for information, resources, and assistance to make it easier for the whole family.

Books for Children Preparing for a Move

We're Moving

by Heather Maisner and Kristina Stephenson

This charming new picture book series of heartwarming stories and illustrations will help prepare young children for new situations. The First-Time Stories series stars six-year-old Amy and her little brother, Ben, who like all preschool children have mixed feelings about first-time experiences. These gentle, warmly illustrated stories present a positive message about change and growing up. A must have addition to every young family's library.

The Berenstain Bears' Moving Day

by Stan and Jan Berenstain

This is the story of the Bear family's move to their now-famous tree house in Bear Country. Would Brother Bear like it? Would he find new friends? He wasn't sure until he got there.

Moving with Kids: 25 Ways to Ease Your Family's Transition to a New Home

by Lori Collins Burgen

No-nonsense, compassionate guides to helping children deal with the stress, trauma, and potential excitement of relocating.

Big Ernie's New Home: A Story for Children Who Are Moving

by Teresa Martin and Whitney Martin

Big Ernie's New Home gently affirms the normal sadness, anger, and anxiety that young children feel after a move. As Big Ernie gradually discovers familiar comforts and exciting adventures in his new home, young readers may be encouraged to do the same in theirs.

The Moving Book: A Kids' Survival Guide

by Gabriel Davis and Sue Dennen

This invaluable tool is filled with advice and activities to help you prepare for a move and suggestions for making your new location feel like home. Use this book as a scrapbook of your moving experience.

Footsteps Around the World: Relocation Tips for Teens

by Beverly D. Roman and Dalene R Bickel

This workbook-style text is written for teens facing relocation. It offers organizational checklists, recommends journaling, and gives communication advice.