

## CSLC COURSE SCHEDULE

### Monday

- 0735-0800 NLEC Commanding Officer Welcome  
(PCOs, CMC/COBs, & spouses in Perry Hall Auditorium)
- 0800-0830 iPad set up
- 0830-0915 1-1 Course Introduction/Expectations
- 0930-1000 Flag Officer Visit (Combined Session)
- 1005-1125 1-2 Team Building (Combined Session)
- 1130-1200 1-3 Command Support Team (Combined Session)
- 1200-1330 Lunch**
- 1330-1415 Mentor Session
- 1430-1530 1-4 Personal Vision (Combined Session)
- 1545-1630 1-5 Command Tour Charter
- 1715-TBD Welcome Reception  
(Combined Session with MCCs, PCOs, PXOs, CMC/COBs & Spouses at Officers' Club)

### Tuesday

- 0730-0830 2-1 Values, Ethics and Optics
- 0830-0915 Mentor Session
- 0930-1025 2-2 Navy Organization
- 1030-1200 2-3 Group Dynamics (Combined Session)
- 1200-1315 Couples Working Lunch**
- 1315-1415 2-4 Social Media (Combined Session)
- 1415-1430 Personal Vision (Combined Session)
- 1440-1540 2-5 Navy Enlisted Personnel
- 1545-1700 2-6 MBTI (Combined Session)  
(Combined Session with uniformed personnel and spouses in Perry Hall Auditorium)

### Wednesday

- 0730-0900 3-1 Ombudsman Program and Case Studies  
(Combined session with uniformed personnel and spouses)
- 0910-1030 3-2 Navy Heritage
- 1045-1215 3-3 Navigating Stress (Combined Session)
- 1215-1230 Personal Vision (Combined Session)
- 1230-1330 Couples Working Lunch**
- 1330-1430 3-4 Communication within the Command (Combined Session)
- 1445-1515 3-5 Legal Resources (Combined Session)

Thursday

- 0730-0830 4-1 FRG Program and Case Studies  
(Combined Session with uniformed personnel and spouses)
- 0845-0945 4-2 Communication Strategies (Combined Session)
- 1000-1100 4-3 Leadership Styles (Combined Session)
- 1110-1200 Combined Mentor Session (Combined Session)
- 1200-1300 **Couples Working Lunch**
- 1300-1410 4-4 Navy Family Resources
- 1420-1550 4-5 Crisis Management (Combined Session)

1700-TBD *Remember Lobster Night at the O'Club*

Friday

- 0730-0830 5-1 Command Environments
- 0840-0925 5-2 Conflict Resolution Modes (Combined Session)
- 0935-1105 5-3 Crisis Case Study (Combined Session)
- 1105-1145 Wrap Up, Review, Feedback & iPad Return
- 1145 -TBD Command Tour Charter  
Presentations/Graduation