

# Naval Services FamilyLine



[www.nsfamilyline.org](http://www.nsfamilyline.org)



**COMPASS** is a team mentoring program developed by spouses for spouses. The program is designed to be a fun and interactive way to learn about the Navy lifestyle, acquire knowledge and skills, make friends, develop realistic expectations and a positive attitude. The program is presented in a classroom setting by seasoned Navy spouses over a period of three days in four-hour sessions or in a virtual classroom via Zoom. COMPASS covers topics in Naval History, customs and traditions, benefits and services, finances, moving, deployment, healthy communication, and exploring your community. For more information, locations and registration please visit [www.nsfamilyline.org/compass](http://www.nsfamilyline.org/compass).



**CORE**, our **Continuum of Resources and Education** program is a world-wide volunteer spouse-led network of seminars and workshops dedicated to enriching and promoting the everchanging military lifestyle. Each CORE team hosts relevant workshops, seminars and events designed to address real-time concerns of spouses throughout the different stages of their Sailors' career. For more information and CORE team locations please visit [www.nsfamilyline.org/core](http://www.nsfamilyline.org/core).

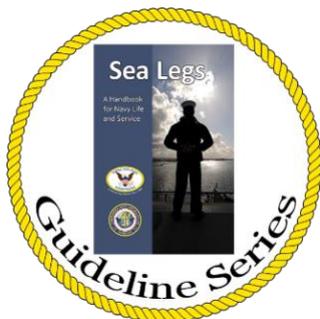


**The Naval Spouse Leadership Course Steering Committee** partners with Naval Leadership and Ethics Center (NLEC) to provide spouses of Prospective Commanding Officers, Executive Officers, Command Master Chiefs and Chiefs of the Boat insight and resources to help them succeed in their active duty members' command tour. Supported by spouse mentors and NSLC Steering Committee members, this course runs in conjunction with the Active Duty Naval Leadership Courses conducted in Newport, Rhode Island. This five-day hands-on, dynamic coursework builds upon the Navy knowledge and resources, forms new friendships from different communities, and provides perspective on the role of what the Command Support Team can be. For more information, please visit [www.nsfamilyline.org/leadership-courses](http://www.nsfamilyline.org/leadership-courses).

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**Guideline Publication Series** is our original spouse resource/information program that has evolved into nine guideline books. These publications address everything from understanding naval traditions and customs to planning for career milestones as well as preparing for emergencies. These resources have been an invaluable tool for generations of Navy spouses. Our Guideline Series publications may be ordered or downloaded at [www.nsfamilyline.org/publications](http://www.nsfamilyline.org/publications).



**Anchors Aweigh** is our online resource program designed to provide spouses, parents and loved one's pertinent information to help them navigate and understand the Navy lifestyle. Within this program you will be able to find different modules that cover relevant topics that you can learn at your own pace with the flexibility that best fits your schedule. This program can be found on our website at [www.nsfamilyline.org/anchors-aweigh](http://www.nsfamilyline.org/anchors-aweigh).



**MyNavy Family Application** is an official U.S. Navy mobile application and a one stop shop for services/resources that covers a wide variety of topics. The app is the first tool by the U.S. Navy developed for Navy spouses and families and combines authoritative information from more than 22 websites into a single, convenient application. It was developed by Navy spouses, the Ombudsman at Large, Navy organizations that provide services to Navy families, and several nonprofit organizations. Available for download at [www.applocker.navy.mil](http://www.applocker.navy.mil), through the Apple App and Google Play stores.